

EAP, Fire Safety, Workplace Violence, Housekeeping, Walking/Working Surfaces, Ladder Safety, Accident Prevention, PPE, Machine Safe Guarding, Bloodborne Pathogens, Hazardous Communication, Combustible Dust, Hoist Safety, Dock and Warehouse Safety

Name _____

Date _____

1. During a situation of workplace violence, you should go directly to your inside collection point.
True _____ False _____
2. What steps can be taken to help prevent fires in your work area?
 - a. Not allowing flammables to accumulate
 - b. Empty trash bins when they are full
 - c. Close lids to flammable containers when not in use
 - d. All of the above
3. No matter the season, you should physically and visually check that your emergency exit doors are open and clear.
True _____ False _____
4. How should you respond when you hear your emergency alarm?
 - a. You should take off in a dead sprint and throw elbows if you have to, its every man/woman for him/herself
 - b. Identify what type of alarm it is and proceed to that designated collection point immediately
 - c. Hunker down under a piece of equipment and wait for further instructions
 - d. We have alarms?
5. If face-to-face with a threat of workplace violence, your first response should be to attempt to bargain and you're your way out of it.
True _____ False _____
6. Even if a task seems virtually harmless, why does OSHA and management still push PPE for some tasks?
 - a. It's likely your last line of defense to protect you from anything that could not be engineered out
 - b. Due to accidents and near misses in the past, management has found PPE is required so mandate it
 - c. Your safety instructor is heartless who enjoys making you do frivolous things for their own entertainment.
 - d. Both A and B
7. What statement below is not true about PPE?
 - a. Must be inspected before each use
 - b. Single use PPE can be re-used if washed with soap and warm water
 - c. PPE should be ANSI or OSHA approved
 - d. Wearing more PPE than necessary could actually put you at a greater risk for an injury
8. How often should you inspect PPE?
 - a. Once a week
 - b. Once a month
 - c. Before each use
 - d. When they need to be replaced
9. If I develop holes in my safety gloves, electrical or duct tape can be used to fix them.
True _____ False _____

10. The 'point of operation' is the most hazardous area on a machine, so it is the only area that needs to be guarded.
True_____ False_____
11. If I am not authorized to perform LO/TO, I should leave everything along and not assist in any way.
True_____ False_____
12. What situation below is considered an unsafe practice when working around machine guarding?
- Lockout authorized employee removing permanent guards while a machine is lockout out.
 - Adjusting a tongue guard on a standing grinder while it is powered off and unplugged.
 - Removing a guard since it makes it easier to operate the machine
 - All of the above
13. Before turning on a machine:
- Ensure all guards are in place
 - Fill out inspection form
 - Perform proper lockout/tagout
 - Make any needed adjustment inside machine
14. If an item is stuck, you should never reach into a machine or around guarding.
True_____ False_____
15. Before climbing on a ladder, it should be properly inspected and only used if all components are in place and in good shape.
True_____ False_____
16. What below is NOT an approved repair on a ladder?
- Zip a screw into the frame to hold a rung that has become loose
 - Replacing the rubber pads to the bottom of a ladder's feet
 - Installing a new rope on an extension ladder since the old one is damaged and frayed
 - Replacing warning labels and stickers on the rails
17. "Three points of contact" means I can climb a ladder with a drill in my hand since my other hand is free.
True_____ False_____
18. What action below could cause you to fall off of a ladder?
- Facing away from a ladder to drill something into a wall
 - Leaning out to try and reach a ceiling tile that is not directly above the positioned ladder in use
 - Attempting to hop a ladder to a new position since "time is of the essence!".
 - All of the above
19. What are some causes of strains and sprains?
- A weak bloodline, someone unfit to survive a Siberian winter
 - Twisting your body in an unnatural way
 - Repetitive motion, especially when handling excessive weight
 - Both B & C
20. "Speaking up before it is too late" only benefits the company and run the risk of getting you in trouble.
True_____ False_____
21. Work related accident or injuries need to be reported to a supervisor prior to leaving the building.
True_____ False_____

22. The repercussions of not taking accident prevention seriously can extend outside of work and into my home life.
True _____ False _____
23. OSHA regulations require:
- Work places are to be clean, orderly, and in sanitary condition to the extent that the nature of work allows.
 - Floors are to be kept in as dry condition as possible
 - Aisles and passageways are to be kept clean and free of obstruction
 - All of the above
 - None of the above
24. Hepatitis is the most common bloodborne pathogen.
True _____ False _____
25. Only medical facilities need to have a bloodborne pathogen kit available.
True _____ False _____
26. Chemicals can enter your body through skin/eye contact, inhalation, ingestion, and absorption.
True _____ False _____
27. You find a spray bottle in your work area that is full but missing a label, what should you do?
- Taste test; I'm here for a good time, not a long time baby
 - Attempt to identify the product, once confirmed then relabel. In unable to, inform supervisor
 - Make an assumption and start the job understanding you may need to stop to get further PPE
 - Throw the unlabeled bottle on someone else's work area, then get yourself a properly labeled one
28. A chemical is considered hazardous if:
- It has a physical or health hazard
 - All chemicals are hazardous
 - A coworker tells you that you need to be careful with it
 - It is listed on the OSHA website
29. What are the best ways to avoid warehouse accidents?
- Understand how to safely work around and with forklift operators
 - Safety is the responsibility of management and the operators; my responsibility is to perform my job
 - Both A & B
 - None of the above
30. As a forklift operator, pedestrians may have the right of way; but they are responsible for getting out my way.
True _____ False _____
31. When it comes to racking and shelving, what is a rule you should always follow?
- Climbing isn't allowed past the first shelf
 - Only significant damage to racking needs to be reported
 - Pallets and materials need to be stored as deep as possible and completely on a shelf or rack
 - All of the above
32. What are some of the best ways to prevent accidents, keeping yourself and coworkers safe?
- Have all employees participate in creating a safety conscious work environment
 - Communicate safety issues, concerns, and even near misses
 - Fix issues within your control
 - All of the above