

Emergency Action Plan, Machine Guarding, Lockout Tagout Affected, Housekeeping, Slips Trips and Falls, Pallet Safety, Warehouse Safety, Compressed Cylinders, Staying Hydrated

Name_____

Date_____

1. The only emergency we need to worry about are fires and smoke.
True_____ False_____
2. Doors that stay consistently locked or blocked need to be labeled as "Not An Exit", even if they lead to outside.
True_____ False_____
3. What action below is **NOT** part of the acronym PASS in putting out a fire?
 - a. Pull the pin
 - b. Aim the hose
 - c. Sweep back and forth
 - d. Shake the extinguisher
4. What is a reason for machine guarding?
 - a. Prevent contact
 - b. Allow for safe lubrication
 - c. Protect from falling objects
 - d. All of the above
5. Generic rules for machine guarding safety include:
 - a. Do not bypass a guard unless proper shutdown and locking out procedures are met
 - b. Besides lockout tagout you can remove a guard when it becomes necessary for the job
 - c. Long sleeves and long hair around rotating parts is generally ok
 - d. None of the above
6. An affected employee is someone who operates a machine or is in the area in which maintenance is being performed.
True_____ False_____
7. What is a safe energy source to work with under all conditions?
 - a. Electrical
 - b. Hydraulic
 - c. Pneumatic
 - d. None of the above
8. Making time for housekeeping can be enough to avoid serious harm while you work.
True_____ False_____
9. What are a few key areas when keeping up with housekeeping.
 - a. Daisy Chaining
 - b. Low Lighting
 - c. Blocked Aisles
 - d. All of the above

10. What is the highest rate of general industry accidents?
- HAZCOM
 - Slips, Trips, and Falls
 - Machine Guarding
 - Dinner with my in-laws
11. Falls from heights typically result in serious injuries.
True_____ False_____
12. What are some basic guidelines when working with skids and pallets?
- Inspect your pallet before each use
 - Never stack or lean pallets on their sides
 - If it fits on the forks it works for me
 - Both A and B
13. When lifting a pallet making sure the weight is evenly distributed is essential.
True_____ False_____
14. While working in a warehouse, being a compliant employee will make you a safe employee.
True_____ False_____
15. Who has the right of way in a warehouse or production floor?
- The largest forklift
 - Pedestrians
 - Whoever was there first
 - Warehouses are safe enough, so it doesn't matter
16. Pallets can be stacked however high we need them, because available space is important.
True_____ False_____
17. What are some of the common compressed gasses you may see?
- Oxygen
 - Propane
 - Argon
 - All of the above
18. When handling compressed gasses rolling a cylinder is fine if it is on a smooth surface.
True_____ False_____
19. What is the recommended amount of water to drink for men and women?
- 9 and 7 cups
 - I get plenty of water from my morning coffee
 - 16 and 11 cups
 - Water is not my thing
20. One of the best tips for staying hydrated is by listening to your body signals.
True_____ False_____