

# Accident Prevention, Accident Reporting, Housekeeping, Slips Trips and Falls, Accident and Near Misses, Root Cause, Ergonomics

Name\_\_\_\_\_

Date\_\_\_\_\_

1. Accident prevention is not something to be worried about, as most of the time people learn better from getting hurt.  
True\_\_\_\_\_ False\_\_\_\_\_
2. Communication between workers can be a key reason to help solve current and future issues.  
True\_\_\_\_\_ False\_\_\_\_\_
3. What is an accident?
  - a. An unexpected and undesirable event
  - b. An unforeseen incident
  - c. Miscommunication that could lead to an accident
  - d. All of the above
4. What needs to be reported?
  - a. Anything beyond first aid treatment
  - b. If you are not bleeding it is fine
  - c. Realizing you have drank 2 energy drinks in the first hour of the day
  - d. All of the above
5. What should you **NOT** do when reporting an accident?
  - a. Be open and honest about what happened
  - b. Immediately get hostile about what happened
  - c. Talk to a supervisor immediately
  - d. All the above
6. When reporting an accident to a Supervisor, you should provide as much information as possible.  
True\_\_\_\_\_ False\_\_\_\_\_
7. What is a part of the 5S System with housekeeping?
  - a. Sort
  - b. Standardize
  - c. Sustain
  - d. All the above
8. When working with an extension cord, making sure it is in good working order is essential.  
True\_\_\_\_\_ False\_\_\_\_\_
9. What is a benefit of keeping up with housekeeping?
  - a. You may get to go home earlier if your workspace looks cleaner
  - b. Less boxes around means less work
  - c. The chances of a fire happening becomes much lower
  - d. Even Smokey the Bear lives in the woods, do you think he cleans up?

10. Which of the following could cause a fall?
- Slipping on ice
  - Tripping on a cord
  - Not seeing a hole in the ground
  - All of the above
11. Falling from a height is only a worry if you are afraid of heights.  
True\_\_\_\_\_ False\_\_\_\_\_
12. What is a benefit of reporting a near miss?
- It brings attention to a hazard that could cause an injury
  - It might allow us to go home sooner
  - You prefer to make enemies rather than friends so why not
  - All the above
13. For every 1 minor accident you can see, 20 near misses are giving you a warning.  
True\_\_\_\_\_ False\_\_\_\_\_
14. Consistently reporting near misses is looked down upon, because they normally are not an emergency.  
True\_\_\_\_\_ False\_\_\_\_\_
15. What is one of the 5 steps for root cause analysis?
- Define the Problem
  - Collect Data
  - Implement Solutions
  - All of the above
16. A good safety culture can be one of the best tools to prevent an accident.  
True\_\_\_\_\_ False\_\_\_\_\_
17. What is one type of cause in determining the root cause?
- Embarrassment Cause
  - Physical Cause
  - Forgotten Cause
  - None of the above
18. Strains and sprains just show you have a weak bloodline.  
True\_\_\_\_\_ False\_\_\_\_\_
19. Which body part is most at risk of an ergonomic injury?
- Back
  - Lower extremities
  - Upper extremities
  - Head
20. Proper hand and wrist stretches can help prevent an ergonomic injury from happening.  
True\_\_\_\_\_ False\_\_\_\_\_